

Doctor Bunny's Guide to Nebulisation

A Helpful Resource for Your Child's Asthma





Doctor Bunny's
Guide to Nebulisation
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Doctor Bunny's Guide to Nebulisation

You'll
find specific
information about how
to use and properly care
for your nebuliser in the
package with the
nebuliser.



What is a Nebuliser?

A nebuliser is a device that turns liquid medicine into a fine mist. It helps you inhale medicine through the mask or mouthpiece and into your lungs. Using a nebuliser may take some time to learn, but the important thing to remember when using your nebuliser is to breathe naturally.



Tips to Make Nebulising Easier

- Sit on your Mummy or Daddy's lap
- Play with a toy during your nebulisation
- Have Mummy, Daddy, or an older sibling read a story
- Watch a video together with Mummy or Daddy
- Have fun wearing the mask or using the mouthpiece
- Test out the mask or mouthpiece on a stuffed toy or doll
- Mark the calendar after nebulising
- Make nebulising a part of your daily routine so you don't forget

Using your Nebuliser



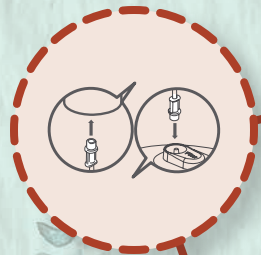
Wash your hands well



Mummy or Daddy connects the hose to the machine

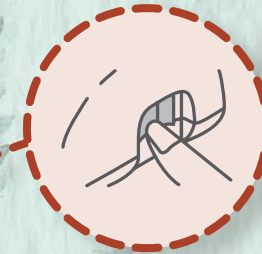


Ask Mummy or Daddy to fill the cup with your medicine

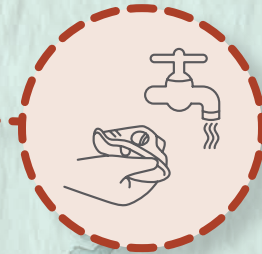


Mummy or Daddy connects the medicine container to the machine and the mask or mouthpiece to the top of the container

Help Mummy or Daddy place the mask on your face exactly as your doctor taught you. Ask Mummy or Daddy to make sure it is attached properly



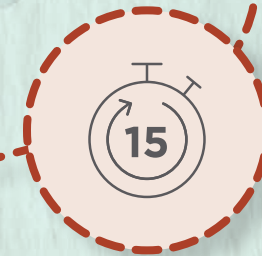
Help Mummy or Daddy turn off the machine when done



Mummy or Daddy washes the medicine cup and mask with water and allow to air dry



Mummy or Daddy will make sure your nebuliser is clean so that it works properly



Breathe in and out naturally until your medicine is gone

Remember, you should rinse your mouth and wash your face after inhalation.





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